



## **Program of our UEMS-CAP Seminar for CAP Trainers 2021 ONLINE Friday 28<sup>th</sup> May**

9.00-9.15      **Welcome**

Peter Deschamps, The Netherlands, UEMS-CAP President Board

9.15-10.15    **Introductions**

*Participants will be asked to prepare a brief description of themselves and their work up front of the meeting with a picture and a short response to the question ‘What is your most inspiring training lessons learned?’. An overview will be distributed to all participants. During the workshop, we will split up in smaller groups (8-10 p) and discuss the answers to the questions and share some things about ourselves that have nothing to do with medicine but we feel have been relevant and helpful for teaching. We will continue with a brief feedback of subgroups and themes emerging by one participant of each group. The introduction will move into the rest of the program with a Mindmap plenary on expectations for the seminar.*

Coordination Anna Sofie Hansen

10.15-10.30    **Break Coffee**

10.30-11.30    **Workshop A: Life Long Learning:** models and how to apply them to CAP training

Coordination Thorsten Schumann, Denmark; Gunnel Svedmyr / Sweden

*Postgraduate training in CAP is to prepare trainees for a life as specialists. In an ever- changing world that means adapting to new contexts and demands and opportunities. That requires a commitment and a mindset – but also tools that should be developed in postgraduate training. The workshop will give an overview of relevant learning theories and a model to support trainees in assessing their own learning preferences, prioritizing and designing learning initiatives in line with organizational needs and evaluate learning outcomes in an iterative process. We will discuss and test feedback on these skills.*

11.30-11.45    **Break Brief Walk**

11.45-13.00    **Workshop B: Knowledge based assessment of trainees in CAP training**

Coordination Krisztina Kapornai, Hungary; Enikő Kiss, Hungary

*In this workshop a brief introduction will offer participants with tools to develop good MCQ’s. The workshop will include several rounds of practice with the technique where recent papers will be*

*distributed and participants after a fast read of the paper will prepare 3 questions. Feedback will be provided by other participants. At the end of the workshop the result will be the first ever UEMS-CAP CME test for trainers and trainees.*

13.00-14.00    **LUNCH**

14.00-15.30    **Workshop C: Old ‘wisdom’, new skills: CAP training in the 21th century**

Coordination Brian Jacobs, United Kingdom; Anna Sofie Hansen Denmark

*In this workshop, we will have a discussion on current and future training practices in CAP in the light of changes in society and health care. As a preparation and to provide guidance to the discussion, we will send participants two editorials of the special issue of the ECAP Journal on The Future of CAP training. During the workshop these will be a starting point for a discussion.*

15.30-16.00    BREAK Coffee

16.00-17.00    **Workshop D: New Narratives for CAP and CAP training after the Pandemic?**

Coordination Nina Tejs Jørring, Denmark

*This workshop will co-create shared narratives about how we can use crises, such as the corona pandemic, to learn about who we want to be as child- and adolescent psychiatrists and trainers, what role and what actions we want to take, and what values and knowledge guide us in future difficult times. Participants will be invited to share a story about the experiences or learnings that they have had during the corona-pandemic. What do we want to remember and keep close to our hearts in the future? We will exchange what new knowledge, ethical values and existential issues have guided us in choosing our specific stories (or learnings) and how we can be inspired to re-author who we are as Child- and Adolescent Psychiatrist and in our personal lives.*

17.00-17.15    **Evaluation and goodbye**

Coordination Peter Deschamps, The Netherlands, UEMS-CAP President Board