Welcome to Aalborg Psychiatric Summer School 2022

According to New York Times, Aalborg was the 8th best place to visit in 2019

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Arriving in Aalborg

Arriving by plane

Aalborg Airport has several daily direct connections to Shiphol in Amsterdam and Kastrup in Copenhagen, and a few weekly connections to London and Oslo. The airport is relatively small, i.e., checking in, etc. is not expected to be a huge time issue. Find more information here

Bus and train from the airport

You can take a bus or a train from Aalborg Airport and reach the centre of Aalborg within 25 minutes. Find transport information here transport.

There is a monitor within the baggage area in the airport, which tells you when the next bus or train leaves. You can also check this web site Rejseplanen.dk that will also tell you when the next bus or train leaves.

After you have exited the airport, you will find the bus stop to your right; passing the taxies, you will just across the main entrance spot the sign “kiss and goodbye”, and there you find the bus stop. The train stop is right behind the bus stop.

Taxi from the airport

You can also take a taxi; it will take the taxi around 15-20 minutes to reach the centre of Aalborg or the bus/train terminal depending where in Aalborg you want to go and the time of the day.
It will cost you around DKK 275 (EUR 35 - 40). You can pay with credit card or cash.
You will find the taxi to your right after exiting the airport terminal.

There is no Uber, Lyft, etc. in Denmark

Arriving by bus/train

If you take the train or the Flix-bus from your home country to Aalborg, you arrive near the city centre, and you can walk to your hotel and the venue. Check your national train website or Flixbus website.

Accommodation in Aalborg

You will need to book and pay your own accommodation

Hotels

Hotel Hvide Hus/Comwell
Price level: around DKK 1000 – (EUR 135) a night.
Distance: 5 minutes from the bus/train terminal and proximally 10-15 minutes' walk to the venue.
Tip: If you stay there, then take the elevator to the top floor and enjoy the view ☺

Scandic City:
Price level: around DKK 900 (EUR 125).
Distance 7 minutes from the bus/train terminal and 15 proximally minutes' walk to the venue.
Tip: There are two Scandic Hotels in Aalborg – the other one is far away – make sure it is Hotel Scandic City you book.

Milling Gestus Hotel:
Price level: around DKK 850 (EUR 115).
Distance: 10 minutes from the bus/train terminal and proximally 20-25 minutes' walk to the venue.

Zleep Hotel:
Price level: around DKK 600-700 (EUR 93).
Distance: 5 minutes from the bus/train terminal and proximally 20-25 minutes' walk to the venue

Other hotels within walking distance to the venue

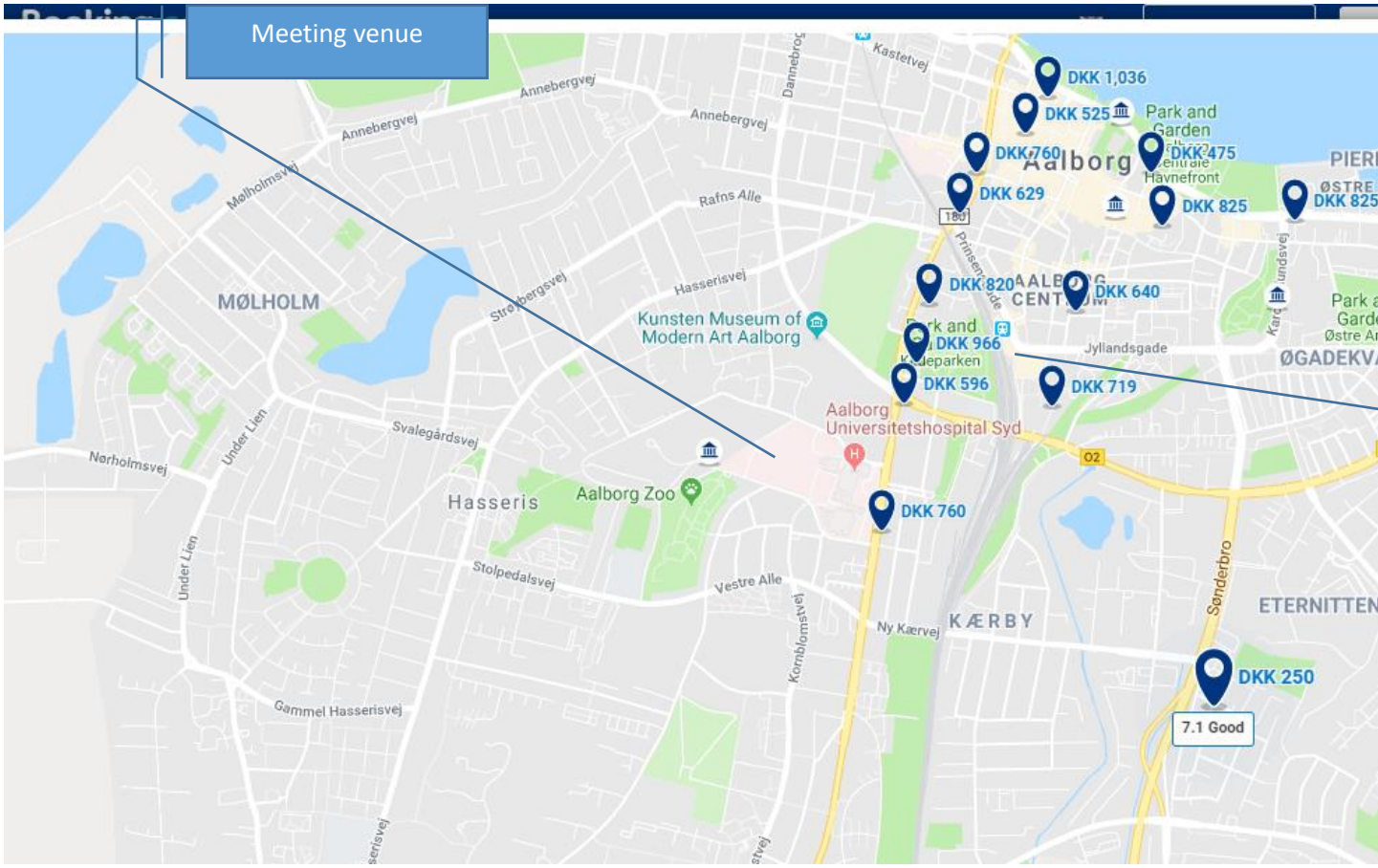
Kompas-Hotel (medium price range)
SAS Radisson (expensive price range)
Cab-inn (cheap price range hotel)
BEST WESTERN Prinsen Hotel(medium/cheap price range)
Hotel Jomfrue Ane (medium/cheap price range)

You can also use the search engines Hotels.com or Booking.com to find alternatives.

Other types of accommodation

There are some B&Bs and Airbnb available (check if you can use these in regard to your local financial guidelines). You can find them on booking.com, hotels.com or Airbnb.

Aalborg Hostel costs around DKK 500 (EUR 68) a night, and you can walk to the venue in approximatlely 40 minutes (it´s a nice walk). If you book this hotel, you will need to change the bus along the way from Aalborg Airport, check out the Rejseplanen.dk



Map is from google/booking.com - all the places is in no more than 30-35 minutes' walk from the venue.
[You can also take the bus.]

What to see and do

- This site will provide you with information about the area: Enjoy Nordjylland
- You can visit Utzon house and Musikkens Hus at the harbour front and the park.
- Aalborg has a lovely art museum next to the hospital Kunsten.
- Aalborg is also famous for its party street called Jomfru Ane Gade – full of bars and discos.
- Furthermore, there are many cafés and restaurants within the city centre, both cheap and expensive. Expect to pay around DKK 120-200 for a decent café meal including drink. An ordinary pizza costs around DKK 60-70. There are also cafés, which serve vegetarian or low carb food.
- According to different referendums, Aalborg has the best ice cream café, which is called Guf og Kugler.
- Aalborg centre has two shopping centres: Salling Aalborg and Friis Shopppingcenter including Magasin. There are also many lovely small shops in Aalborg.
- Thinking of buying a souvenir/gift for those at home? You find Aalborg Chokoladen (Aalborg Chocolate) next to the train station. You can also buy the chocolate at Salling.

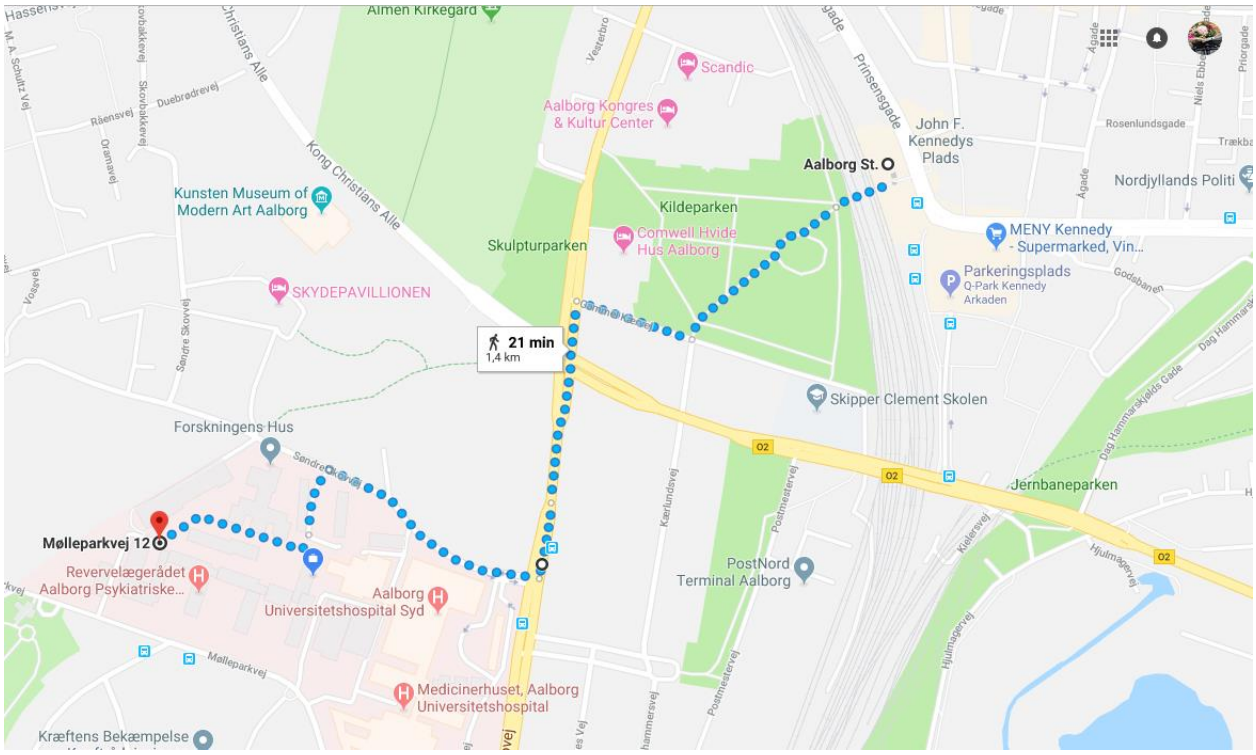
Practical information

- You can pay with credit card like MasterCard, Visa etc. (almost) everywhere except in the bus ☺
- The supermarkets open around 8 AM and close around 8-10 PM. DøgnNetteo is, however, open between 6 AM and 12 PM
- The tap water is safe to drink

Venue

The courses will take place at **Aalborg University Hospital, Psychiatry, Mølleparkvej 10, 9000 Aalborg**

If you walk from the station, then follow the blue dots.



If you choose to go by bus, you can use https://www.rejseplanen.dk/webapp/index.html?language=en_EN

Destination is: Mølleparkvej 10, 9000 Aalborg. There are different buses and stops.

Questions?

If you have any questions regarding programme, venue, distance, and location, please contact us at psykiatriskforskning@rn.dk